Work with laboratory animals

Information form for first health check

Date of healtl	ı check:

By **work with laboratory animals** we mean that a person works with laboratory animals him or herself or is present in a room where work with laboratory animals is performed. Handling small tissue samples and blood from laboratory animals is not regarded as work with laboratory animals provided there is no regular exposure to skin contact.

Furthermore, the work or presence in a room with laboratory animals must be for more than a total of 40 hours per year or more than 1 hour per week.

1. PERSONAL	L INFORMA	ΓΙΟΝ			
Name:			Perso	onal ID No.:	·····•
Place of work: Position:					· · · · · · · • •
Telephone num	ber work:				
• •••			. . .		
2. WORK WI					
Have you starte		· ·	nals? Yes _	No 🗌	
If yes, answer th	e questions be	low:			
] (]	•		y animals? Year Year Year Year Year	i i i i	
For how many v laboratory anin		· ·	ou estimate th	at you have perforn	ned work with
per week)?		How many ho	ours on averag	ge per week	
				imals occur?	•
		Always	Usually	Seldom/never	
Fume cupboard Gloves Own coat Plastic apron Respiratory protective equip					

OTHER WORKING ENVIRONMENT EXPOSURE

agents) that give you health problems? Which substances?			<u> </u>				
What health problems?							
3. HEALTH PROBLEMS							
Have your parents, siblings or children ha	ad any for	m of allergy?					
Asthma Yes No Eczema /hives Yes No Hay fever Yes No							
Have you had any of the following illnesse	es?						
Asthma Hay fever (allergic nasal problems/ri Allergic eye condition (allergic conj Atopic eczema (childhood eczema) Hives (urticaria) Hand eczema		Yes	Last year? yes Last year?				
Do you get any of the following symptoms	during or	after contact v	with laboratory animals?				
		yes	no				
Wheezing/whistling noises in the chest Breathing difficulty attacks A cough lasting longer than 14 days Itchy, running eyes Nasal problems (itching, running, sneezing of Smarting, dryness in the throat Hives Itchy skin Rash, eczema	or blocked	nose)					
Do you have symptoms during or after work with other substances or products (including a reaction to latex gloves)? State which substances or products. yes no							
substance/product	<i>j</i> 03	110					
Wheezing/whistling noises in the chest							
Breathing difficulty attacks							
A cough lasting longer than 14 days							
Itchy, running eyes							

annually	☐ No further action	now, contact is	f needed	, offer of health checks
	Next health check	(month/year)
Next follow-up:	☐ Further examinat	tion by doctor	(date)
	oms that might indicate tor must then be perform		oratory :	animals? Yes 🗌 No 🗌
Is there an increased	risk of developing alle	rgy (atopic ten	dency)?	Yes 🗌 No 🗌
For the HSE section: (filled in after review of form a	nd interview)			
How many cigarettes a	a day do you/did you sm	ioke?	Numo	er of cigarettes:
	ave you been/were you	•		•
•	se who smoke now or s	•	•	
If yes, how long ago di	id you stop?	1 - 5	ee months of the end of the of the end of th	rear?
•	ow, did you smoke prev	·		Yes No
Do you smoke every d	ay at the moment?			Yes 🗌 No 🗌
4. SMOKING HAB	ITS			
Comments or other s	ymptoms you wish to l			
Rash, eczema				
Itchy skin				
Hives				
Smarting, dryness in th	ne throat			
(itching, running, snee	zing or blocked nose)			
Nasal problems				